



## “The Well-Balanced Student” March 2, 7 PM



**Denise Pope, Ph.D.**

For the past fifteen years, Dr. Pope has specialized in student engagement, curriculum studies, qualitative research methods, and service learning.

≡ Authored *“Doing School: How We Are Creating a Generation of Stressed Out, Materialistic, and Miseducated Students”*

(Yale University Press, 2001)

≡ Awarded Notable Book in Education by the American School Board Journal, 2001

≡ Three-time recipient of the Stanford University School of Education Outstanding Teacher and Mentor Award

≡ 2012 Education Professor of the Year “Educators’ Voice Award” from the Academy of Education Arts and Sciences

**This program is free of charge**

thanks to generous donations from The Valley Hospital, the Glen Rock Education Foundation, the GRMS/HS HSA, the Central School HSA, the Federated HSA, the Glen Rock Community School and the GRHS Boosters Club.

**GLEN ROCK HIGH SCHOOL, 400 HAMILTON AVE., GLEN ROCK, NJ 07452**

**Nationally acclaimed educator Denise Pope, Ph.D. will speak with educators, parents, students and the general public at Glen Rock High School on “The Well-Balanced Student.”**

≡ The Glen Rock Board of Education is pleased to announce that Dr. Denise Pope, a Senior Lecturer at the Stanford University School of Education, will speak to interested educators, parents, students and members of the general public on Monday, March 2 at 7 p.m. in Glen Rock High School. Members of all communities are welcome to attend.

≡ Dr. Pope is co-founder of Challenge Success, a research and intervention project that provides schools and families with the tools they need to raise healthy, motivated students. She has been featured on CNN, “World News Tonight,” the “Today” show, NPR and other television and radio programs. She lectures nationally on parenting techniques and pedagogical strategies to increase student well-being, engagement with learning, and integrity.

≡ “The Well-Balanced Child” examines the tensions that can occur between students, parents, and educators over issues such as homework, grades, and the culture of competition. The audience will hear research-based strategies designed to create healthier home and school environments for children, including:

- **How students today are coping - or not - with the academic pressure they face**
- **Ways to reduce school stress without sacrificing achievement or engagement**
- **Strategies to increase resilience, creativity, critical thinking and well-being for children**

≡ According to Dr. Pope, “Today’s high-pressure, fast-paced culture can interfere with healthy child development. When we are too focused on test scores, rote answers and grades, we may deny kids the time and energy they need to develop important skills for success - the ability to be independent, adaptable, ethical, and motivated, critical thinkers.”

**Join us for this dynamic, enlightening lecture and share in the lively discussion that is sure to follow!**



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