



Northern Valley Coalition News

Northern Valley Coalition Serving the Seven Towns

Spring 2017

Closter Demarest Harrington Park Haworth Northvale Norwood Old Tappan

Stigma Free Zone

Is your town Stigma Free? Old Tappan, Demarest and Northvale are! NVC is working to have all 7 towns Stigma Free communities!

This Initiative Will:

- Educate residents that mental illness is a disease and must be treated as such
- Raise awareness of the prevalence of mental illness in our community
- Provoke public interest in learning what is "Stigma-Free" Providing residents an opportunity to become involved in their community
- Allow people living with the disease to feel supported by their community and thus decrease feelings of isolation and shame
- Link people in need to local mental health resources
- Raise awareness that care is accessible regardless of income
- We will have a date and place for the Mental Health Free Training course



There is no health without mental health

Coming Soon!

Training for Mental Health Free Training Course
Date and Time will be posted shortly

Volunteers Needed

...Have some extra time? Looking to get involved in your school community? We are looking for volunteers to help plan, organize and run our student based activities. Please let us know if you are available to help. Please contact us via email at nvcoalition@gmail.com. Find us at: www.nvcoalition.org Like us on Facebook: <https://www.facebook.com/northernvalleycoalition>



COME

YOUR OWN TOWN AT

Valley's Got Talent Show ★

Date: March 18, 2017

Where: Old Tappan High School

Time: 5 - 7PM

Tickets \$5 Ages 2 and under free

Our Mayors are the Judges!

Sponsored by NVC AND NVOT PTSO

All 7 towns in Northern Valley are participating in Valley's Got Talent! Each town has held their own talent show in the schools. The final competition will be held on March 18th from 5-7 pm at the Northern Valley Old Tappan High School. The mayors of most towns are judging the competition. It looks to be a fantastic event! This is also the first fundraiser for Northern Valley Coalition. Please come support your town and the Northern Valley Coalition at the same time!



A SHOUT OUT of Thanks!

To our high school students, faculty, administration, custodians; police and volunteers for making our 3rd annual trunk or treat a success at both NVRHS! This year was an amazing success at each of the high schools and even rain did not stop us!

Trunk or Treat events are held at both Northern Valley high schools (NVD & NVOT) each year around Halloween for the children of the Northern Valley communities. It is a great way for high school students to be role models for the younger children in our community and have some fun at the same time!

NVD Trunk or Treat 2016 Winners:

1st Place - Senior Class Officers - singing their hit song "Give us Your Blue Tickets"

2nd Place - Freshman Boys Soccer

3rd Place - National Honor Society - Welcome to the Beach

4th Place – Kinesis



Ultimate Frisbee Tournament

NVC currently has a competitive Ultimate Frisbee Team and a Recreation Frisbee Team comprised of students from both NVD and NVOT. The competitive team will start practices at the end of March, Tuesday at 5:30 pm at NVD and Thursdays at 5:30 pm at NVOT. The competitive team is scheduled for a tournament in April and the State Competition in May so far. The recreation team will meet on Sunday afternoons starting the beginning of April. Registration information can be found on our website www.nvcoalition.org.



OUR GOALS

To Reduce Chronic Underage Drinking, Substance Abuse and Other High Risk Teen Behavior

- Develop Positive Activities for Teens in our Communities
- Unify Municipal Leaders, Law Enforcement, School Officials, Business Leaders, Faith-based Leaders and Community Members and to Facilitate Communication and Networking
- Promote Safe Homes and a Safe Community by reducing the Incidence of Under-Age Drinking
- Increase Awareness About Host Liability Laws
- Provide Prevention Education for Parents and Teens

DONATIONS

In order to continue our mission of helping youth and families in Northern Valley, we need your help. Please consider a donation. We are an official 501(c)3 non-profit so all contributions are tax deductible. Please go to our website www.nvcoalition.org

**Visit our website for more information on:
Students Community Service
The Presidential Volunteer Service Award**

NVOT Student Activities Plans

The students at NVOT voted for the activity they would like to participate in most out of four choices. Over 500 responses were received and a Field Day of games and competition was chosen. It seems the fond memories of the field days in elementary and middle school were still strong! This will be done at the end of a school day on April 21st. A variety of competitions will be provided both academic and athletic. The event will go rain or shine so let's hope for a nice sunny Spring day!

NVD Student Activities Plans

The Student Peer Leader group at Northern Valley Regional High School at Demarest, has several students each heading a student activity committee joint with NVD, NVD PTSO, and NVC. At this time one of the groups is planning the NVD Movie Night for May 12th (Rain date May 19th) at 7PM. The leaders of this committee will be sending out a survey to the student body for them to vote on one of 3 movie choices. Another student will be creating the flyer to advertise the event. Many NVD clubs will also participate by making baked goods and selling them. Proceeds from the bake sale will be donated to Tomorrow's Children's Fund. This event is also supported and funded by many of the local Northern Valley PTOs and HSAs. All Northern Valley families are invited to attend.

Future Student Activities Plans

There has been a lot of talk about providing social, fun and positive activities for our youth on the weekends including associated with the football games in the fall. NVC would like to start working with the schools to provide these opportunities to the youth of Northern Valley. For this, we need help. We want to set up a committee that will develop ideas with the students and facilitate their development and planning. If you have ever thought that we need more for our youth to do in Northern Valley that allows them to socialize, have fun and not involve alcohol, please consider joining with us to make a difference. You can email us at nvcoalition@gmail.com, go to our Facebook page or our website www.nvcoalition.org and send us a message. We look forward to working with you and your communities!!

Drop Box Location for Prescriptions:

River Vale Police Department
334 River Vale Road
River Vale, NJ 07675
(201) 664-2346



OUR MISSION

Our mission is to unify and promote community efforts to create and maintain a safe/substance-free environment that reduces teen high-risk behavior and enhances the positive development of our communities' youth and families.

Valley's

GOT

T★LENT

Saturday, March 18th

5PM to 7PM

**Tickets \$5 at the door
2 and under free**

**JOIN US TO COME CHEER
YOUR TOWN ON!**

**Winners from each of the seven towns that make up
the Northern Valley community will participate for
the first Valley's Got Talent competition.**

**All proceeds from this event will be used to support
the Northern Valley Coalition a group aimed to create
fun and healthy activities for all of the Northern Valley's
children and families.**

**Sponsored by Northern Valley Coalition and the NVOT PTSO.
NVOT, 100 Central Avenue, Old Tappan, NJ 07675**

nvcoalition.org

